East Sussex
Health Profile 2007

NHS

This profile gives a snapshot of health in your area. With other local information, this Health Profile has been designed to support action by local government and primary care trusts to tackle health inequalities and improve people's health.

Health Profiles are funded by the Department of Health and produced annually by the Association of Public Health Observatories.

To view Health Profiles for other local authorities and to find out how they were produced, visit www.communityhealthprofiles.info

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East Sussex at a glance

- The population of East Sussex is generally healthy in comparison to other areas of England.
- Life expectancy is increasing; but there are large differences between districts. On average men and women in East Sussex can expect to live longer than in England.
- While overall poverty is below the England average, more than 52,000 people are dependent on means-tested benefits, and more than 16,000 children are living in low income households.
- The level of statutorily homeless households is high compared to England.
- GCSE achievement is lower than the England average.
- Early death rates from heart disease, stroke and cancer are falling. Both are lower than the England average.
- Although the death rate from smoking in the East Sussex population is low, smoking accounts for around 1,000 deaths every year.
- The Health Survey for England indicates that the healthy lifestyles rates are similar to England. (These may differ from the district rates which are estimates.)
- More people are admitted to hospital for alcohol specific conditions than the England average.
- The rate of hip fracture in people aged 65 and over in East Sussex is higher than the England average.
- The rate of road injuries and deaths is higher than the England average; around 350 people die or are seriously injured on the roads of East Sussex each year.
- Local Key Documents: East Sussex Community Strategy, East Sussex Local Area Agreement, PCTs Local Development Plans.

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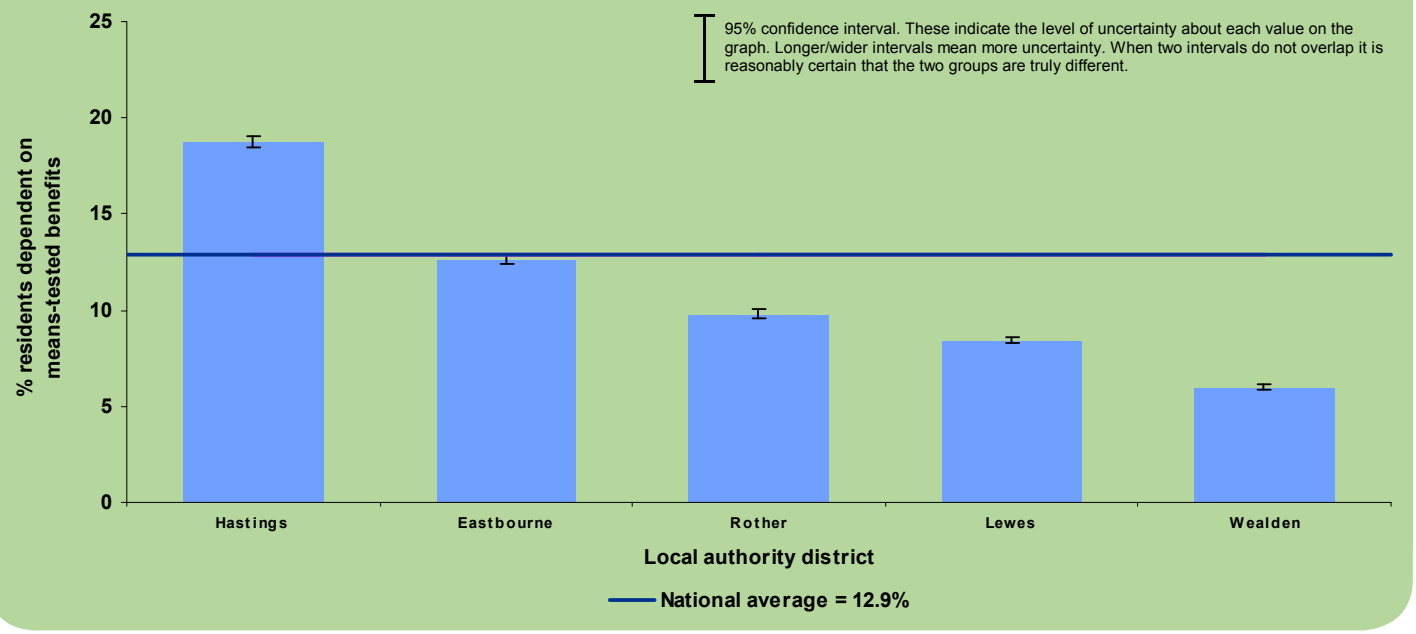
DH Department of Health

ASSOCIATION OF PUBLIC HEALTH OBSERVATORIES APHO

Income inequalities

This chart shows the percentage of people on low income, for each district of the county (2003). For more detailed information, and to view a Health Profile for each district within the county, see www.communityhealthprofiles.info

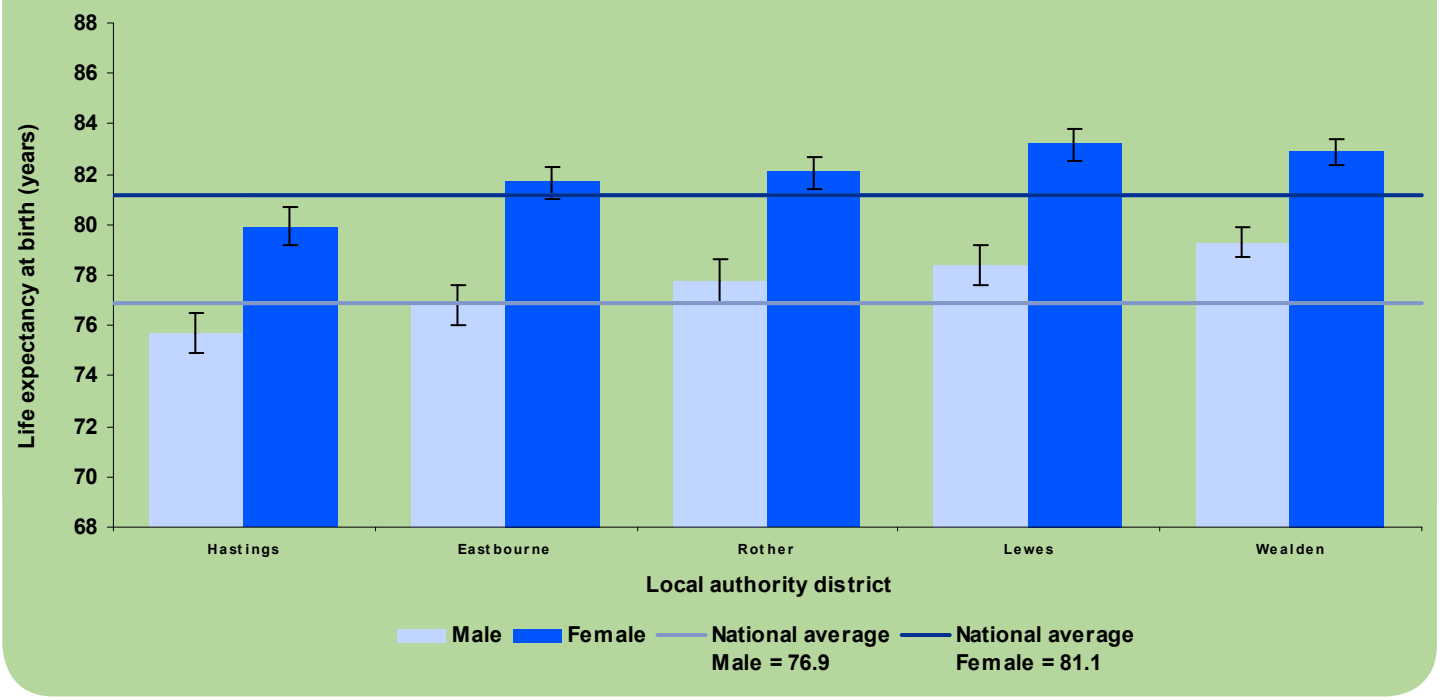
In the chart below, the district on the extreme left has the highest percentage of residents dependent on means-tested benefits in the county. The district on the extreme right has the lowest percentage of residents dependent on means-tested benefits in the county.



Health inequalities: **life expectancy**

The chart shows life expectancy at birth for men and women for each district of the county (2003-05). For more detailed information, and to view a Health Profile for each district within the county, see www.communityhealthprofiles.info

In the chart below, the order of districts follows the same order as above.



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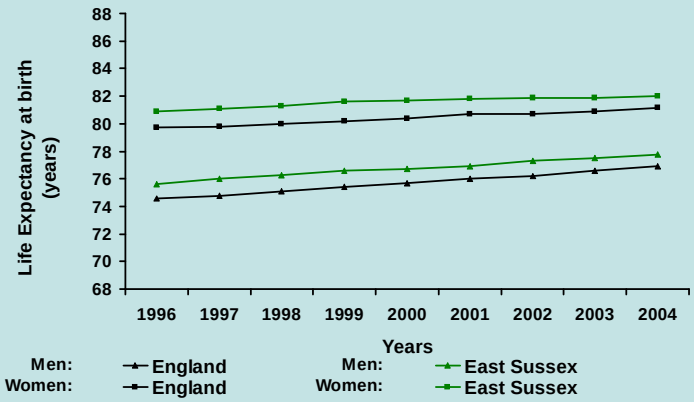
Health inequalities: **changes over time**

Trend 1 compares the trend in life expectancy at birth for men and women in this local authority with that for England.

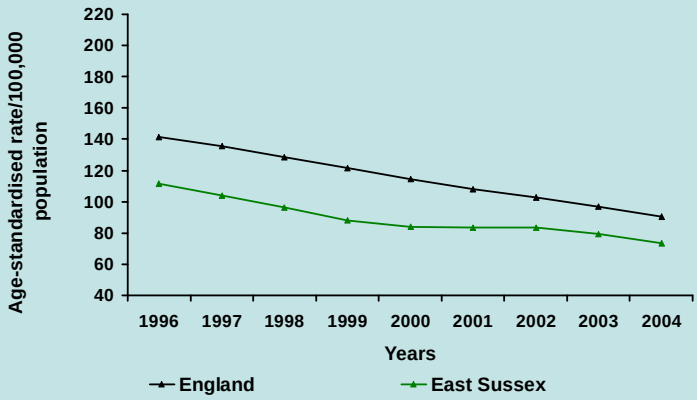
Trend 2 compares the trend in early death rates (all persons under 75 years) from heart disease and stroke in this local authority with that for England.

Trend 3 compares the trend in early death rates (all persons under 75 years) from cancer in this local authority with that for England.

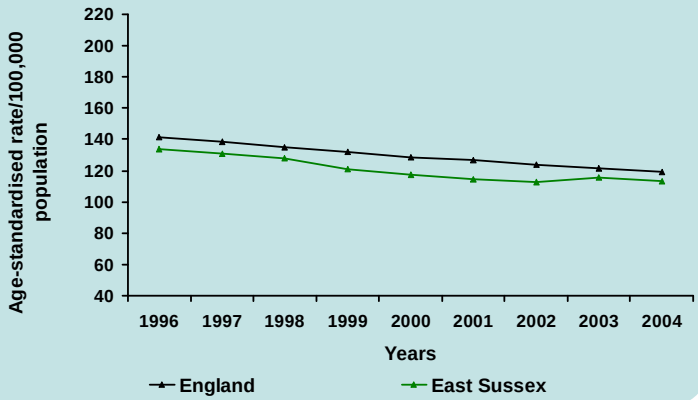
Trend 1:
Life expectancy at birth



Trend 2:
Early death rates from heart disease and stroke



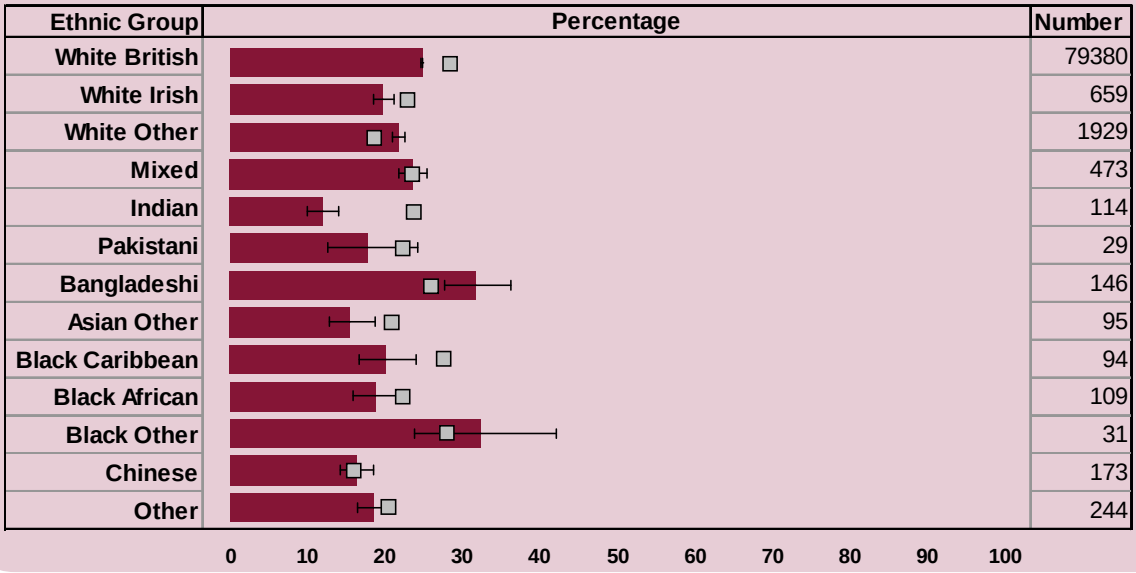
Trend 3:
Early death rates from cancer



Health inequalities: **ethnicity**

This chart compares the percentage of the population of each ethnic group in the local authority who are in routine and manual occupations. People in these occupations have poorer health than those in professional occupations, and are more likely to be smokers. The infant death rate is higher than average among babies born into this group. There are national targets to address these health inequalities.

Percentage and number of people aged 16-74 in routine and manual occupations



Note: This chart is based on the 2001 Census. Where the total population in an ethnic group in the local authority is less than 30, no data have been presented and the number column shows n/a. Where the number is less than 5, no percentage is shown.

Confidence intervals are shown for local data

England - average

East Sussex

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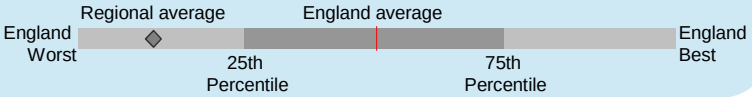
Health summary for East Sussex

The chart below shows a number of indicators of people's health in this local authority. It shows the local value for each indicator compared to the England worst, England best, England average and Regional average. The circle indicating the local value is shown as amber if it is significantly better or red if it is significantly worse than the England average. An amber circle may still indicate an important public health burden. A white circle is not significantly different from the England average. For technical information about each indicator, see www.communityhealthprofiles.info

Domain	Indicator	Local No. Per Year	Local Value	Eng Avg	Eng Worst	England Range	Eng Best
Our communities	**1** Income deprivation	52220	10.5	12.9	31.1		3.3
	2 Ecological footprint	n/a	6.093	5.470	6.430		4.904
	3 Homelessness	1115	10.6	7.8	35.8		0.0
	4 Children in poverty	16201	17.4	21.3	58.8		5.2
	5 GCSE achievement *	3022	55.4	57.5	33.6		81.9
	6 Violent crime	9581	19.3	19.8	41.1		5.0
Giving children and young people a healthy start	**7** Smoking in pregnancy						
	8 Breast feeding						
	9 Obese children						
	10 Physically active children *						
	11 Teenage pregnancy (under 18) *	328	36.4	42.1	95.3		12.8
The way we live	**12** Adults who smoke *	n/a	29.0	26.0	37.3		15.5
	13 Binge drinking adults	n/a	15.8	18.2	29.2		8.8
	14 Healthy eating adults	n/a	41.7	23.8	11.4		38.1
	15 Physically active adults	n/a	12.4	11.6	7.5		17.2
	16 Obese adults	n/a	17.3	21.8	31.0		14.6
How long we live and what we die of	**17** Life expectancy - male *	n/a	77.8	76.9	72.5		82.2
	18 Life expectancy - female *	n/a	82.0	81.1	78.1		86.2
	19 Deaths from smoking	1080	194.9	234.4	366.5		147.6
	20 Early deaths: heart disease & stroke *	479	73.7	90.5	151.3		44.9
	21 Early deaths: cancer *	706	113.0	119.0	168.0		81.6
	22 Infant deaths *	20	4.2	5.1	9.9		1.2
	23 Road injuries and deaths	354	71.3	59.9	214.1		20.2
Health and ill health in our community	**24** Feeling 'in poor health'	41365	6.8	7.8	15.4		4.2
	25 Mental health	7510	27.1	27.4	72.0		8.5
	26 Hospital stays due to alcohol	1308	265.5	247.7	652.4		85.6
	27 Drug misuse	1858	6.2	9.9	34.9		1.3
	28 People with diabetes	17851	3.6	3.7	5.9		2.1
	29 Children's tooth decay	n/a	1.1	1.5	3.2		0.4
	30 Sexually transmitted infections						
	31 Older people: hip fracture	1037	616.9	565.3	936.8		259.7

- Significantly better than England average
- Significantly worse than England average
- Not significantly different from England average
- * PSA Target Measure 2005-2008



Note (numbers in bold refer to the above indicators)

1 % of residents dependent on means-tested benefits. 2003. **2** Land (hectares per capita) required to support an average resident's lifestyle; no significance calculated. 2001. **3** % of households on local authority housing register who are statutorily homeless. 2004/05. **4** % in low-income households. 2001. **5** % achieving 5 A*-C. 2005/06. **6** Crude rate/1,000 pop 2005/06. **7 8 9 10 30** No comparable local data currently available. **11** Crude rate/1,000 female pop. aged 15-17. 2002-04. **12 13 14 16** %. Direct estimates from the Health Survey for England. **12 13 16** 2000-02. **14** 2001-02. **15** %. 2005/06. **17 18** Years. 2003-05. **19** Directly age standardised rate/100,000 pop. aged 35 or over. 2003-05. **20 21** Directly age standardised rate/100,000 pop. under 75. 2003-05. **22** Crude rate/1,000 live births. 2003-05. **23** Crude rate/100,000 pop. 2003-05. **24** Directly age standardised %. 2001. **25** Crude rate claimants of benefits/allowances for mental or behavioural disorders/1,000 working age pop. 2005. **26** Directly age sex standardised rate/100,000 pop. 2005/06. **27** Crude rate/1,000 pop. aged 15-64; no significance calculated for lower tier authorities. 2004/05. **28** %. 2005/06. **29** Average no. of decayed, missing and filled teeth in children aged 5; data incomplete or missing for some areas. 2005/06. **31** Directly age standardised rate/100,000 pop. aged 65 and over. 2005/06.

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